



Cathryn Robson

Singing & Voice Coach

MA Voice Studies, Fitzmaurice Voicework® Associate

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Professional Profile

Since 2002 I have been providing vocal training and support for singers, dancers, and actors from novice to professional levels, working primarily within commercial music, contemporary dance and theatre. My teaching draws upon a range of voice pedagogies including Fitzmaurice Voicework®, the Estill Model and theatrical voice methods. I aim to provide performers with sound technique for making creative and safe vocal choices. My specialist qualifications include the MA Voice Studies from the Royal Central School of Speech and Drama and the CT ABRSM in Singing.

Education

PGCHE (Distinction) – University of Westminster, London (2014---16)

MA Voice Studies (Distinction) --- Central School of Speech and Drama, London (2010---11)

1. Pedagogical training including vocal anatomy, skills for teaching accents and dialects, technical voice, expressive voice and aural diagnosis, 2. Vocal research 3. Personal vocal awareness and development

BA Hons Visual and Performing Arts, Brighton Polytechnic --- First Class with Commendation in Music, 1991

Specialist Training

- ① **Advanced Anatomy for the Voice Professional**, Colchester, July 2018
- ① **Voice Geek** Conference Attendance, Colchester, April 2018
- ① **'The Future of Singing'** ICVT Congress Attendance, Stockholm, August 2017
- ① **Introduction to Ableton Live** --- Berklee Online, January 2016
- ① **Fitzmaurice Voicework® Associate** --- London, September 2014
- ① **Fitzmaurice Voicework®** – (ICV) London, September 2012
- ① **Estill for Singing Teachers** – Workshop with Anne Marie Speed, Royal Academy of Music, May 2012
- ① **Julian Harley – Lichtenberg Vocal Method** – International Centre for Voice, May 2012
- ① **Joan Melton Workshop 'Speaking and Singing with the Same Voice'**, (ICV) London, January 2012
- ① **Fair Exchange – Voice Coaches and Speech Therapists Study Day**(BVA) London, April 2011
- ① **Accent and Dialect Symposium** – (ICV) London, April 2011
- ① **My Tongue Goes Where?** – (BVA) Exploring articulation, resonance and projection London, January 2011
- ① **Estill Vocal Model/ Levels 1 & 2** – Anne Marie Speed, Royal Academy of Music, London 2010
- ① **CT ABRSM** --- (Certificate in Teaching --- Singing, Associated Board of the Royal Schools of Music)2008
- ① **Giving Voice Festival 2006**, workshops with Kristin Linklater, Leigh Smiley and Dessislava Stefanova
- ① **Musical Composition**, Goldsmiths College, London UK 1999
- ① **English National Opera/ Lilian Baylis** Acting, movement and singing training, London, UK 1997---98

Employment History

August 2013 to present – Head of Singing (fractional)

Trinity Diploma in Music Theatre, WAC, London

- ① Leading a specialist staff in the delivery of the singing curriculum
- ① Overseeing and developing singing training for Diploma, session timetabling, monitoring consistency across delivery and collating tutor Schemes of Work/ Lesson Plans, Tutor Reports
- ① Sourcing and contracting specialist vocal tutors
- ① Undertaking staff lesson observations and evaluations
- ① 1-2-1 teaching - vocal health
- ① Assessing and moderating practical exams
- ① Quality assurance and revalidation preparation (Ofsted, CDET, Trinity)
- ① Interviewing and auditioning prospective students

March 2013 to present – Senior Lecturer Voice and Music Performance (fractional)

BMus Commercial Music and Performance, University of Westminster, London

- ① Co-ordination of and liaison with the vocal tutor team for BMus singing training
- ① Group and individual teaching and assessing of all year groups in vocal technique
- ① Dissertation and graduate study supervision
- ① Leading module in Vocal Pedagogy for aspiring singing tutors
- ① Sourcing visiting lecturers and sessional tutors for the programme
- ① Rewriting and editing modules for course revalidations
- ① Interviewing and recruiting BMus candidates
- ① Pastoral care of personal tutees

Sessional Lecturing 2011-- -p r e s e n t

- ① **Institute of Contemporary Music Performance/ MMus Popular Music Performance, London** (January 2018 to present) Module Leader for 'Music and Well Being', covering psychological, emotional and physical well-being for musicians
- ① **London College of Music/ BA Musical Theatre** (September 2017 to present) – Lecturer in Voice
- ① **Fitzmaurice Voicework Certification XV** (July 2017), Barcelona
- ① **The Musical Theatre Academy, London** (February--- April 2014): *Fast Track Programme – Music Theatre*
Introducing Fitzmaurice Voicework to all programme students
- ① **Ravensbourne College of Design and Communication** (January---March 2012):
Live performance module of BA Music Production for Media and BA Sound Design programmes
Devising and delivering weekly lectures on performance practice, co---assessor of summative assessment pieces
- ① **Royal Central School of Speech and Drama--- Professional Placement** (April---July 2011): *BA Hons Acting and Collaborative Theatre – 1st Year Students*
Coaching students in speech and singing, devising and conducting twice---weekly vocal warm---up sessions, coaching individual students in accents and dialects (RP and Cockney)
- ① **London Metropolitan University --- Professional Placement** (February---May 2011) *BA Hons Performing Arts – 1st Year Students*
Taught weekly singing and voice classes in the context of Brechtian theatrical theory/technique assessments.
- ① **Trinity Laban Conservatoire --- Professional Placement** (January---February 2011) *BA Hons Music Theatre – 1st and 2nd Year Students*
Devising and conducting weekly voice production and working towards assessment pieces.

Workshops and Conferences – 2009-- -2 016

- ① **Co-director of Freedom and Focus Fitzmaurice Voicework Conference**, London, July 2018
- ① **Introduction to Fitzmaurice Voicework Workshops** (December 2013- May 2018), London 2018
- ① **Somatic Phonetics Workshop**, The Dance House, Dublin (July 2016)
- ① **Singing and Fitzmaurice Voicework**, The Dance House, Dublin (July 2016)
- ① **Technology as an Enabler: Investigating Flipped Classroom Techniques in Music in Higher Education**, Teaching and Learning Symposium, University of Westminster, (June 2016)
- ① **Pelma Productions/Co---facilitator, Cyprus** (2009) --- 1---week workshop in vocal and performance skills for professional performers

Voice Coach and Performer: Contemporary Dance and Theatre – 2003-2018

Contemporary Dance

Year	Production/ Choreographer	Coaching/ Performing Role	Touring
2017-18	<i>Choreographer: Jean Abreu, London</i> <i>Solo for Two (duet)</i>	Singing and coaching	<p><i>These productions toured to contemporary dance festivals and events in London, Prague, Paris, Athens, Kalamata, Riga, Stockholm, Karlstad, Bucharest, Riga, Nairobi, Dresden and Poznan, Zagreb, Limassol, Nicosia</i></p>
2011-17	Choreographer: <i>Evie Demetriou, Cyprus</i> <i>When it turns red (solo)</i> <i>The more you dance the more you get (solo)</i> <i>Double Days (Duet)</i> <i>Crescendo (Solo)</i> <i>Unusual Suspects (Solo)</i> <i>Glory Box (Ensemble)</i> <i>Nice to See You (Solo)</i>	Voice and Accents	
2003-11	Choreographer: <i>Lia Haraki/ Pelma, Cyprus</i> Dramaturge: <i>Guy Cools</i> <i>Again (Ensemble)</i> <i>The Feast (Ensemble)</i> <i>Giraffe (Solo)</i> <i>Party Animals (Ensemble)</i> <i>Pretendance (Duet)</i> <i>Monday Mourning (Ensemble)</i> <i>Abostasi Asfalias (Ensemble)</i>	Voice, Singing, Performer	
2011	Choreographer: <i>Alexis Vassiliou/.Cyprus</i> <i>Blissfully Happy (Ensemble)</i>	Singing and voice coaching	

Theatre

Year	Production/ Director	Coaching Role	Venue
2015	<i>Seussical (Flaherty, Ahrens, Idle)</i> Directors: Catherine Paskell and Vic Sivalingam	Singing	Chelsea Theatre, London
	<i>Turf (Simon Vinnicombe)</i> Director: Christopher O'Donnell	Voice and Accents	Marylebone Theatre, London
2014	<i>Blues in the Night (Sheldon Epps)</i> Director: Ed Goggin	Singing	Chelsea Theatre, London
2013	<i>Gather Ye Rosebuds – Silva Sermerciyan</i> Director: Diyan Zora	Voice	Nightingale Theatre, Brighton Theatre 503, London
2012	<i>'A Mother's Will' (Adaptation of House of Bernarda Alba, Lorca)</i> Director: Christopher O'Donnell	Voice and Accents	Tara Arts, London
	<i>Twelfth Night (Shakespeare)</i> Director: Diyan Zora	Voice and Accents	Cockpit Theatre, London
2011	<i>The Taming of the Shrew (Shakespeare)</i> Director: Grainne Byrne	Voice	Royal Central School of Speech and Drama, London
	<i>Threepenny Opera (Brecht/Weill)</i>	Singing and Voice	London Metropolitan University

Sept 2009 – June 2010 Limassol Theatre Arts School, Limassol, Cyprus

- ① Responsible for vocational singing training for children and young people aged 16--18
- ① Responsibilities included assessment and coaching of pupils, selection of suitable pop and theatre repertoire for age and ability, preparing pupils for solos and exams and UK drama school entry

March 2002-- June 2010 Viva Voice Singing Studio, Paphos, Cyprus

- ① In 2005 I established a private singing studio with c.5 students. In 2007 the studio expanded to a second location in Cyprus and 2010 enrolled an average of 60 students per term
- ① Coached amateurs and professionals, including several prize winners in local singing competitions and leads of local musicals.
- ① Responsibilities included assessing students, preparing lesson plans for groups and individuals, exam and audition preparation, organising termly student concerts, promotion, website development and budgeting

Computer and Other Skills

- ① Current DBS
- ① Microsoft Office, Blackboard, Office365, Dreamweaver, Outlook, Logic (basic), Ableton (basic)
- ① Full and clean driving licence

CPD – Workshops

- ① Prevent Training (2015-18)
- ① Emergency First Aid – Camden Council (2017)
- ① Learning Conversations and Peer Observation – University of Westminster (2015)
- ① Mobile Learning – University of Westminster (2015)
- ① Ofsted Guidance on Lesson Planning/ Schemes of Delivery (2015)
- ① Assertiveness Skills – Capita (2014)
- ① Synoptic Assessment – University of Westminster (2014)
- ① Recruitment and Selection – University of Westminster (2013)
- ① Health and Safety (2013) – University of Westminster (2013)

Sung Languages

English (mother tongue), French, Greek, Italian, German

Professional Affiliations

PRS/ MCPS – Performing Rights Society

CT ABRSM and CSSD Alumni

FHEA – Fellow of the Higher Education Academy

Contact

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